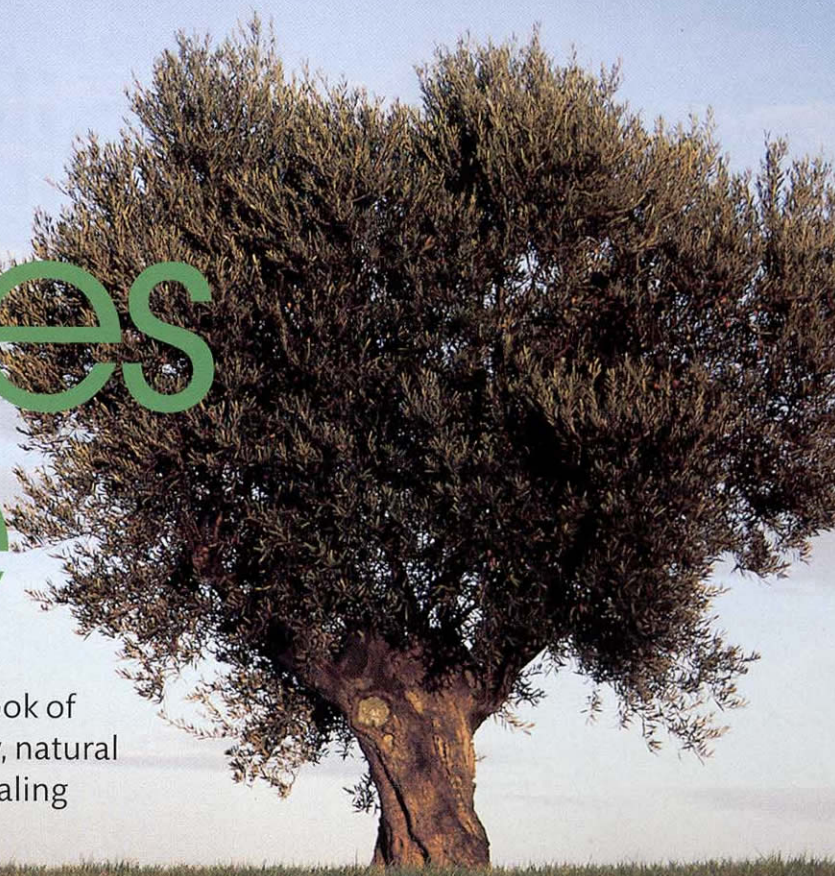


Leaves of life



Take a leaf out of the Mediterranean book of health with Olive Leaf Complex – a new, natural supplement with its roots in ancient healing

Olive trees have extremely powerful defence systems that allow them to live for centuries. Some varieties even live for over 1000 years, surviving pests, viruses, bacteria, droughts and extremes of heat and cold. Since the days of ancient Egypt, healers have used olive leaves, and modern scientific studies are continuing to reveal that the 'defence' compounds in the leaves of the olive tree have the potential to enhance human health, too.

Comvita is building on this long tradition with Olive Leaf Complex – a 100 per cent natural daily health supplement designed to support your body's natural defences with antioxidant, anti-inflammatory and antimicrobial effects. Antioxidants are substances that protect cells against the damage caused by free radicals. These are molecules that are produced during normal metabolism and when your body is exposed to poor diet, pollution, tobacco smoke or excessive sunlight – all common hazards of the modern lifestyle. Olive Leaf Complex contains 30 times more antioxidants than

extra-virgin olive oils and is 400 per cent more powerful than vitamin C.

What's more, Olive Leaf Complex contains up to 100 naturally occurring compounds including oleuropein, which is the best-known and most-studied olive leaf antioxidant. As well as its antioxidant effect, some studies have shown that oleuropein may have a role in promoting relaxation of the arterial walls and supporting healthy blood pressure.

Users are reporting benefits such as more energy, support for active joint health and recovery from winter ailments.

Since its launch in Australia four years ago, Olive Leaf Complex has become one of Australia's most sought-after natural health supplements. This year it is available in the UK, too. Comvita Olive Leaf Complex is available in 100ml or 500ml sizes. Choose between two flavours – original and peppermint.

● For more, go to www.comvita.co.uk.



Fresh leaf synergy

Comvita's olive trees are grown near Brisbane, Australia, in the world's largest specialised olive grove – it has 550,000 trees. Because studies have shown the health-giving compounds are more potent when olive leaves are fresh, Comvita's

leaves are harvested at sunrise to ensure only the freshest and best are selected. As well as meeting the strictest health regulations, the extraction, purification and storage processes make sure all the vital ingredients stay 'alive'.

