



Olive leaf provides protection for heart

AN AUSTRALIAN company says its herbal health product made from an extract taken from fresh-picked olive leaves could play a beneficial role in reducing heart disease.

The Greeks have been using compounds from olives, olive oil and olive leaves as remedies for a range of illnesses and ailments for centuries. Olive Leaf Australia says its Olive Leaf Extract product is now being used by thousands of people following its launch.

Anne Buhse from Brisbane, Queensland, says she and her husband had been using Olive Leaf Extract for 16 months.

"My cholesterol has always been high but a recent blood test showed a dramatic decrease, in fact the best it has been for 20 or more years. On top of that, neither of us has had a cold or felt unwell since using Olive Leaf Extract," Mrs Buhse said.

A nutritional medicine expert, Dr Stephen Hedges, from North Adelaide, said studies indicated that Olive Leaf Extract could not only help in the maintenance of normal heart function and cardiovascular health but also support a healthy immune system.

"Olive Leaf Extract contains a series of important plant chemicals known as secoiridoids, which act together with the major ingredient, oleuropein, as an effective natural anti-microbial," Dr Hedges said. "Olive Leaf Extract contains powerful antioxidants which boost the immune system, allowing the body to destroy free

radicals and harmful viruses, bacteria and other potentially dangerous organisms."

Dr Hedges highlighted the importance of using the fresh-picked Olive Leaf Extract as it had the "highest anti-oxidant level and the most health benefits".

A spokesman for Olive Leaf Australia claimed that scientific studies and traditional use indicated the product delivered a range of significant health benefits for

cardiovascular, immune system and metabolic syndrome support.

"Studies have shown that the Olive Leaf Extract may help maintain a healthy cardiovascular system including normal cholesterol levels. Olive Leaf Australia's fresh leaf extract liquid is 100 per cent Australian made. It contains a broad spectrum of natural phytonutrients because it is made directly from freshly-picked leaves (not dried leaf or reconstituted from powders) ensuring freshness and potency of the compounds," the spokesman said.

"Olive Leaf Australia's fresh leaf extract has 400pc more antioxidant power than the equivalent amount of Vitamin C and is available in both natural and peppermint flavours."

● For more product information go to www.olea.com.au or call 1300 653 436.

Studies show olive leaf extract may maintain a healthy cardiovascular system



Raymond Delphine Arthur Olive Leaf Australia's founders, are from Coominya, Queensland