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OLIVE LEAF EXTRACT – AMAZING RESULTS WITH COLDS AND FLU

At this time of year, those nasty colds start to rear their ugly heads which has prompted me to remind all of you of my favourite supplement, Olive Leaf Extract.

If you have been in my store during the past few years, you would have heard me singing the praises of Olive Leaf Extract. Why – because we get amazing results from this product.

It is not just me who sings the praises of Olive Leaf Extract – it is also my customers. It never ceases to amaze me the amount of people who come in each day delighted at the results they gain and with wonderful stories of how amazed they are at the healing properties of Olive Leaf Extract.

You may remember we originally started prescribing this product after one of our staff members, who had been quite unwell for twelve months with ongoing colds, sinus and allergies, began using Olive Leaf Extract. Within a week she was astonished at how well she felt. Because of the results she gained, our naturopath began prescribing the product for her patients for various illnesses. Once again, the feedback was extraordinary from those patients.

One customer had suffered for thirty years with ongoing bronchitis which could only be treated by the use of antibiotics. Since using Olive Leaf Extract he has not suffered from one bout of bronchitis. I also have one family who were all sinus sufferers and once again, since taking Olive Leaf Extract they are astonished at how well they all are.

I could go on and on with stories such as this. I hear them every day and in fact word

of mouth is an amazing thing. Olive Leaf Extract is by far one of the most successful products I have seen come onto the market in my 20 years in complementary health.

So what is Olive Leaf Extract? This product contains many trace elements such as selenium, chromium, zinc, betacarotene and a wide range of amino acids. It also contains numerous phenolic compounds which are responsible for most of the leaf's pharmacological effects. Olive leaf phenolics are high in free-radical scavenging effects. The antioxidant properties of Olive Leaf Extract are quite amazing and are in fact 2.5 times more effective than Vitamin C and E as an antioxidant. This in itself is a good reason to take Olive Leaf Extract.

Importantly, this product contains antibacterial and antiviral properties, hence its great success in combating colds and viruses. It is indeed a good idea to begin taking Olive Leaf before winter and to then continue throughout the cold and flu season.

Olive Leaf Extract has many many properties. It has been used successfully in reducing blood pressure and cholesterol. It has been shown to be effective in eradicating parasites and fungal/yeast infections. We also have customers using it successfully for depression. I could go on and on about this product.

If you wish to learn more about Olive Leaf Extract call in to speak to myself or the girls at Go Vita, Your Health Shop at 5 North Street, Batemans Bay or phone us on 4472 9737.