

OTC PRODUCTS



OTC sinusitis nasal spray available

Nasodren, a sinusitis nasal spray from Europe, is now available OTC in pharmacies. Pharmacist and herbalist Gerald Quigley supports the use of the spray and said it worked by providing decongestion and relief to sinusitis patients.

Nasodren nasal spray is an aqueous solution containing cyclamen extract, which helps drain, clear and decongest the sinuses. When sprayed once per day into each nostril, Nasodren thins mucous, opens the sinuses and facilitates rapid draining of retained mucus. Users feel the effects of Nasodren within minutes of the very first spray, according to the manufacturer Biorevive. Clinical results through 15 published trials demonstrate that symptoms such as headaches, nasal congestion and facial pain are significantly reduced within 3–4 days of using Nasodren.

www.nasodren.com.au

Reduces post-pimple marks

Reckitt Benkiser's Clearasil Ultra Pimples + Marks, Clearasil's wash and lotion range helps reduce the cause of post-pimple marks right through the pimple lifecycle with results in hours. Clearasil Ultra Pimples + Marks Wash & Mask (RRP: \$13.99) is a cream wash to help clear pimples fast and fight the formation of post-pimple marks left behind. It visibly reduces pimple size in 12 hours, thus helping to even out skin tone and improve skin clarity for a visibly clearer complexion. The product is suitable for daily cleansing and for use 1–2 times a week as a mask for a deeper treatment.

Clearasil Ultra Pimples + Marks Lotion (RRP: \$13.99) is a light-touch lotion that helps clear pimples fast,



and helps reduce the appearance of post-pimple marks left behind. It visibly reduces spot size and redness in as little as four hours, thus helping even out skin tone and improve skin clarity. Suitable for problem spot and spot prone areas.

Clearasil Ultra Pimples + Marks' derma-5 complex includes vitamin B3 and licorice to help reduce the causes of visible pimple marks while lactic acid, ceramides and bisabolol aim to help the skin repair itself.

1800 226 766

Enhances absorption

Pharmacy-only Faulding CoQ10 Rapid contains the key ingredient bioperine piper nigrum, which may enhance the absorption of CoQ10 into the body by as much as 30%, according to Melanie Bosanko, product manager for Symbion Consumer Products.

'Faulding CoQ10 Rapid has been formulated to naturally maintain a healthy cardiovascular system, manage cholesterol and

boost the body's energy production,' said Ms Bosanko.

'What's unique about this product is that it contains bioperine piper nigrum—which is an extract obtained from black pepper fruit. BioPerine significantly enhances the absorption of various supplements into the body.'

Faulding CoQ10 Rapid (RRP: \$29.99) is a suitable complementary product for people currently taking heart and cholesterol medication.

www.faulding.com.au



Supports heart health

Polyphenols are found in Olive Leaf extract and may help support heart health, said scientists in a recent pan-European EurOlive study.

The study suggested that phenolic compounds such as oleuropein may help protect the heart by mobilising an antibody army to attack bad cholesterol.

It also found that this antibody army was boosted in people who consumed higher levels of polyphenols.

Olive Leaf Australia's fresh leaf extract also has 400% more antioxidant power than the equivalent amount of Vitamin C available in natural and peppermint flavours.

www.olea.com.au



High end hydration

Avene's Rich Skin Recovery Cream is the latest addition to the popular Intolerant Skin range. Manufacturer Ascent Pharmaceuticals said that like the other key products in this range, it is free of any potential irritants such as parabens, fragrances or colouring agents. Avene Rich Skin Recovery Cream (RRP: \$40.95) was formulated to deeply nourish and calm highly sensitive, dry-to-very dry skin, while providing a barrier against further irritation.

1800 678 302 or www.avenes.com.au



Hartmann's 'best practice medical breakthrough'

Hartmann claims the therapeutic benefit of its continence pads is Active Skin Protection, 'an evidence-based, proven, best practice medical claim' made possible made possible by its pad design.

Hartmann pads provide effective continence management through absorbency and odour control, and effective clinical skin protection through the use of pH 5.5, air active sides and

dermatological testing, all of which prevent swelling and redness associated with incontinence associated dermatitis.

Hartmann's managing director David Clarke said: 'Hartmann has addressed the issue of skin health in those living with incontinence.

'The Australian Register of Therapeutic Goods (ARTG) classification of Hartmann pads as a "class one device" recognises that continence pads are more than just simple, straightforward products.'

www.hartmann.com.au